



28th February 2023

Cross Country

Dear Parents/Caregivers,

Blue Haven Public School's annual Cross Country will be held on **Friday 31st March 2023**.

All children are expected to participate by either walking or running. If your child is not able to participate, please let your child's teacher know **in writing**. Students will be walking/running the course as part of their PHPDE classes for Term 1.

Please ensure that your child has the following equipment for the day:

- school hat
- running shoes
- drink bottle
- own sunscreen

The best vantage point to see your child participate is the netball court. A parent viewing area will be sectioned off for this purpose.

Please note that normal classes will still operate while different age groups are running.

Below is a timetable for the day. These are approximate times only.

***Please note that 8 and 9 year old competitors will be timed to determine the six fastest students. This is due to them being required to run together in the same division at the PSSA Zone Cross Country Carnival.**

8.50-9.10	All 12/13 year olds (three laps)
9.10-9.30	All 11 year olds (three laps)
9.30-9.50	All 10 year olds (two laps)
9.50-10.10	All 9 year olds (two laps - timed)
10.10-10.30	All 8 year olds (two laps - timed)
10.30-11.00	Recess
11.10-11.30	Year 2 (7 year olds only) (two laps)
11.30-11.50	Year 1 (one lap)
11.50-12.10	Kindergarten (one lap)

***If your child is an asthmatic please ensure that they have their own asthma puffer on hand.**

Please refer any questions regarding this event to our School Sports Coordinator: Mr David Pareaux

Kind regards,

Mrs Kate Gordon
Cross Country Organiser

Mr David Pareaux
School Sports Coordinator

Mr Dale Edwards
Principal