



30/05/2022

Dear parents and caregivers,

As we approach the cold and flu season it is important that all students, staff and families follow the health guidelines set by the NSW Department of Education in consultation with NSW Health to reduce the risk of not only COVID-19, but also other illnesses that may affect our school (<https://education.nsw.gov.au/covid-19/advice-for-families#Reducing9>).

It is important that students do not attend school if they are unwell, even if they have tested negative for COVID-19. This includes influenza (the flu), the common cold and stomach bugs. Health advice is that students who are sick should always stay home to rest and recover and avoid putting other students and staff at risk of getting sick.

COVID-19 - It is important to remember that students and staff cannot attend school if they are showing any symptoms of COVID-19. If symptoms occur at any time, your child should not attend school and should undertake a rapid antigen test.

- If a student is unwell and has any COVID-19 symptoms, they should always test for COVID-19.
- If the test comes back negative for COVID-19, the student should still not return to school until either:
 - The student no longer has any symptoms, or
 - A medical certificate is provided to the school confirming that symptoms are explained by another diagnosis (such as hay fever)

It is recommended that students and staff that return to school after recovering from COVID-19 do not participate in rapid antigen testing for 12 weeks following release from self-isolation unless they develop new COVID-19 symptoms. This is due to NSW Health advice that people who have recovered from COVID-19 have a low risk of contracting it again in the following 12 weeks. ([https://www.nsw.gov.au/covid-19/stay-safe/advice-for-parents-students#:~:text=If%20the%20test%20is%20negative,\(such%20as%20hay%20fever\).](https://www.nsw.gov.au/covid-19/stay-safe/advice-for-parents-students#:~:text=If%20the%20test%20is%20negative,(such%20as%20hay%20fever).))

Kind regards

Dale Edwards
Principal