



Blue Haven **Public School**

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www.bluehaven.nsw.edu.au

Principal: Dale Edwards

Deputy Principal: James Gray Deputy Principal: Kristy West



RESPECTFUL

RESPONSIBLE

Term 2 Week 7

Dates for your diary

P&C Meeting	Tuesday 7th June	6:00 pm
Year 2 Excursion Payment Due	Thursday 9th June	
Public Holiday	Monday 13th June	
K-2 Assembly	Tuesday 14th June	
Year 2 Excursion	Wednesday 15th June	
K-2 Athletics Carnival	Friday 17th June	
3-6 Assembly	Tuesday 21st June	
Children's University - On Campus Discovery Day	Tuesday 21st June	
Community Coffee and Chat	Thursday 23rd June	

Notes for Parents:

- **Book Club**
- **Industrial Stoppage**
- Mobile Dental Clinic Permission distributed later in the week



School Vision 2021-2024

To be a high performing school with a positive and inclusive school culture that promotes the wellbeing and success of all





Hi Parents/Caregivers,

Be at School Everyday!

Blue Haven Public School would like to introduce our new school attendance initiative. BASE - Be at School Everyday! The purpose of BASE is to promote the importance of attendance at school everyday and is an initiative of Strategic Direction 2 of our Strategic Improvement Plan 2021-2024. We have lots of rewards and incentives on offer from weekly whole school class winners, ice blocks and much more. Please contact the school via phone, email or



Parent Portal when your child is absent from school. Everyday counts, and we can't wait to have all of our students above 95% attendance for the remainder of this term.

Antibullying Focus

Blue Haven Public School rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing.

Preventing and responding to bullying behaviour in learning and working environments is a shared responsibility of all staff, students, parents, caregivers and members of the wider school community. Bullying complaints will be taken seriously and responded to sensitively at our school. Students who may be experiencing bullying behaviour, or students who have witnessed bullying behaviour, are encouraged to report their concerns to school staff as soon as possible.

Our ability to effectively reduce and eliminate bullying behaviour is greatly affected by students and/or parents and carers reporting concerning behaviour as soon as possible, so that the responses implemented by Blue Haven Public School are timely and appropriate in the circumstances. We encourage students to speak to their classroom teacher. However, students are welcome to discuss their concerns with any trusted member of staff.

Please find our Antibullying Plan on our school Website https://bluehaven-p.schools.nsw.gov.au/about-our-school/rules-and-policies.html

Smart Watches

It is clearly stated by the Department of Education that 'Primary school students must not use digital devices during class, at recess and at lunch unless approved by a principal or teacher.' This includes the increasingly popular smart watches, if you do require your child to have a device after school hours it is necessary for them to be 'signed in' at the office prior to going into class and can only be collected after school.

Uniform Support

If you are needing some additional assistance with uniforms as we move into these colder months please reach out to Chris Garbutt, our Community Partnerships Officer. Please reach out by completing the following form https://forms.gle/CjikUhJYVHvAKPBc6 and we will get back to you.



Uniform Donations

We would like to say a very big thank you to Lonestar Makoni and his team at Breaking Barriers Disability Services for their very kind donation of school uniforms. The gift of winter uniforms have allowed us to support our students and their families that have found it challenging to source uniforms suitable for the colder weather. The donation has been a huge support to our community and we are very grateful.



Termly Topics

We are so excited to be launching a new initiative called 'Termly Topics'. This is about providing parents with support through information sessions that give our community opportunities to build knowledge around helpful topics. These topics may include: Wellbeing, Mental Health & Anxiety, Behaviour, Disability Awareness, Speech, and more.

We want to ensure we are providing topics that are of interest to our community and that we are scheduling the sessions at a time that suits most. We ask if you could please complete this short Google form to share your interest and preferences.

https://forms.gle/v8mhBnL5dQEEwNN17

Road Safety

We have had a number of parents reach out to the school regarding the '**No Parking**' zones out the front of the school. Where there is a no parking sign, there are road rules that need to be followed.

You must not park on a road or in an area where there's a 'No parking' sign. This may be all the time or at certain times, as shown on the sign. The signs outside the school indicate that this is during the school zone times of;

- 8.00am 9.30am
- 2.30pm 4pm.

During these times you can

• stop for less than 2 minutes <u>if</u> you stay within 3m of your vehicle and only if you are dropping off or picking up passengers



While it may be an inconvenience to pull up or park in other areas, it is important to consider the message that you are sending to your children regarding the road rules if you pull up in areas that you shouldn't. These areas include:

- 'No Stopping Zones';
- The 'Bus Zone':
- At or on the crossing; and
- Across people's driveways.



Safer Gaming

eSafety's expert education and training team will be running free live webinars on <u>Safer Online Gaming</u>. The focus of the webinars will be on helping children stay safe by learning about the benefits and risks of online gaming.

The webinars are designed for parents and carers of school aged children between the ages of 8-13 years and will cover:

- the games young people are using and how they are engaging with them
- the benefits of gaming and how to mitigate the risks
- practical strategies to use at home and where to find help and support if things go wrong.

Three dates and times are available:

- Thursday 9 June 12.30 1.30 pm
- Friday 17 June 12.30 1.30 pm
- Tuesday 21 June 7.30 8.30 pm.

Flu Season

Influenza is a highly contagious illness that is spread from person-to-person. The Department of Education policy for when children are unwell is that they should remain at home until they have recovered and are symptom free. Sending children to school when sick, often results in the further spread of an illness and then impacts the learning of many other children.

P&C Meeting

The P&C Meeting is tonight at 6pm in the school library. Please come along and have your say!

Stay safe Blue Haven,

Dale Edwards

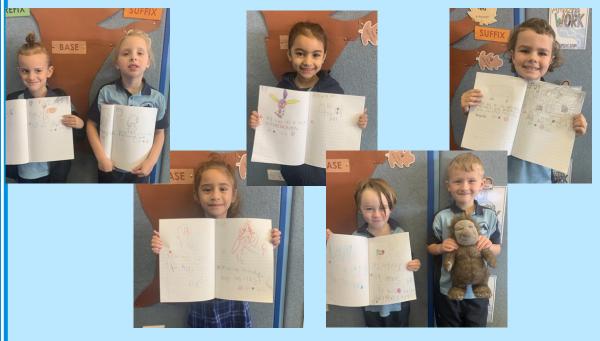
Principal





Kindergarten News

This term KMG have been doing some amazing writing. We have started using WOW words to replace the word big to describe our enormous monster Pog. Keep up the great work, KMG!



Stage 1 News Year 1

The children in 1C have been learning about Sorry Day and Reconciliation Week and what these mean to our Aboriginal and Torres Strait Islander classmates. They listened to the story "Sorry, Sorry" by Anne Kerr and learnt about the importance of respect, caring and sharing. They then worked together to create a class picture to show that we should all walk together on this journey of reconciliation.

IC also listened to a podcast called 'Little Yarns' and used the comprehension skill of visualising to draw a picture of what they heard. Check out some of our pictures! Can you see the scar trees that were used to make coolamons?





STANSEN PUBLIC SCHOOL

Stage 1 News

Year 2

2H have been loving learning about volume! Last week, we made a device for measuring internal volume (capacity) which we calibrated in uniform informal units. Check out our devices below!









Stage 2 News

3C have been enjoying the sunshine and getting out for some PE. We have been practicing all of our skipping skills for Jump rope for Heart including: the crisscross, speed skipping and doubles.

3C also did some group work activities where they had to move a hoop around the circle without letting go of their hands! That was fun!











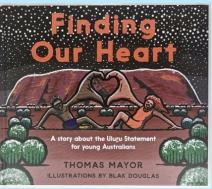




Stage 3 News

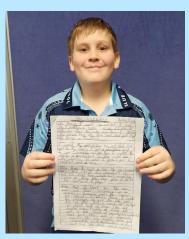
During National Reconciliation Week, 5W read the book 'Finding Our Heart' by Thomas Mayor. Thomas is a Torres Strait Islander man born on Larrakia country in Darwin. His book explains the Uluru Statement from the Heart for young Australians. After reading the story and discussing its message, students created an artwork of Uluru that was inspired by the book's front cover.







6P has been busy writing engaging literary recounts. They created some amazing texts about an event that was significant to them. The students and I are very proud of their achievements.











Hello Blue Haven, welcome back to another instalment of our Community Corner. I hope that you are doing well and are looking forward to the holidays.

On Friday the 27/5/2022 we had our very own World Hunger Day. Thanks to the support of Charmhaven Lions Club, all students had access to a piece of fruit for the day. The students made posters on all the ways that they can stop World Hunger.

During Term 2 we have been continuing to take our fantastic Stage 3 students over to Good Start Early Learning to read and play games with some of our future BHPS students. Our students have been doing an excellent job representing our school.

As it is getting cooler please don't forget to reach out to the Donny Uniform shop if you need any second hand clothes. We have a large range of washed and cleaned second hand clothing that is free of charge. You can reach out via our Facebook page, contacting the office or the link included in todays newsletter.

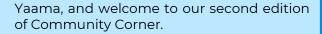
After the success of our two Coffee and Chats we have one more coming on the 23rd of June. We look forward to seeing you all. This is a great opportunity to chat with the school about your ideas.

Lastly, please keep an eye on our next Community Corner on some exciting news around a new homework club that we are setting up with the help of the SACC centre.

Thanks again,

Chris Garbutt School Learning Sup Officer/ Community Partnerships

Support



Thursday 26th May was National Sorry Day. National Sorry Day is a day to acknowledge the strength of Stolen Generations Survivors and reflect on how we can all play a part in the healing process for our people and nation.

Blue Haven Public School held a Sorry Day assembly, and we would like to thank Maeve Cairns in Year 2 for delivering an Acknowledgement of Country and we had a moment of silence to reflect.

Our students took part in class activities and discussions during the day.

Friday 27th May was the beginning of Reconciliation week, This is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia, we are very proud of our Year 5 & 6 boys who acknowledged the end of Reconciliation Week with а short performance, performing with their didges. They have been working hard during lessons with Dhinewan and this was the first of many performances - well done boys.

We have just had a mural completed by a local Aboriginal artist Evis Heath and are very excited for this to be unveiled within the school very soon.

Monday 20th June is the next Muru Bulbi AECG meeting to be held at Northlakes High School 4pm - All welcome.

Thank you,

Ms Jodie Swannell Aboriginal SLSO





NSW Health Mobile Dental Program











NSW Health Primary School Dental Program

NSW Health is working with public primary schools to offer <u>free dental check-ups</u> and preventive care to students as part of a school-based mobile dental program. Your child's school has been selected to participate in this program.

The program involves a mobile dental team making scheduled visits to your child's primary school. During the first appointment a dental check-up and preventive care package will be provided, subject to parental consent. A letter will be sent to parents/guardians providing an update on the child's dental check-up.

The program is scheduled to visit your child's school from [Select Date] to [Select Date].

Parent Information and Consent Packs will be sent home, including information sheets, consent forms and the program privacy statement. Parents/guardians who want their child to receive care are advised to:

- 1. Read all the information provided
- 2. Carefully complete the consent forms
- 3. Return the consent forms to the school as soon as possible

More information about the program is available on the NSW Health website: https://ww.health.nsw.gov.au/oralhealth/primaryschooldental.



From July 2019, children attending participating primary schools in The Central Coast will have access to free dental care through the NSW Health Primary School Mobile Dental Program.



TUNING INTO KIDS

Emotionally Intelligent Parenting

This six session course is for parents of children aged from 2 years.

Tuning in to Kids shows you how to help you and your child develop emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- build better concentration skills
- are more able to calm down when upset or angry

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Six sessions on Tuesdays
at Jabiru Cottage, Northlakes Public School
Goorama Avenue, San Remo
From 26 July to 30 August 2022
at 9.30 am to 11.30 am

Free Childcare Available

For registrations please contact
Dianne Kingi on 4305 6200 email dkingi@uniting.org























Tips for primary school students who experience bullying

Bullying is when a person, or a group of people, tries to upset or hurt you. Bullying can make you feel very sad, scared or upset. Bullying can happen anywhere — in person or online. When it happens online it is often called cyberbullying.

Bullying in person or online might look or feel like someone is:

- repeatedly saying mean words to your face, teasing you, hurting your body or damaging your things
- hurting your feelings through mean online posts, comments or messages
- · spreading lies about you
- · leaving you out or ignoring you
- sharing something online that will make you feel bad, like a photo or video that you don't want anyone to see
- threatening to do any of the things on this list.

No one deserves to be bullied or hurt. You can choose to:

- treat others how you would like to be treated with kindness and respect
- include others in games and chats
- only share something about others if they say it's okay.









You have the right to feel safe and be safe. Here are some ideas about what you can do if someone is bullying you:

- If they are doing it to your face, tell them to stop and then walk away.
- Find somewhere safe and get help from a friend or trusted adult.
- Don't respond if they are doing it to you online.
- Protect yourself online by unfriending them or using privacy settings to block them.

It's okay to ask for help if you are being bullied or see it happening to someone else. You can speak to:

- a trusted adult this could be a parent or carer, an adult friend, or an aunty or uncle who will listen and help you
- your teacher or principal you can talk to your teacher about the bullying and how to stop it
- your friends they can listen to you and help you get support
- Kids Helpline they have counsellors available at any time who will listen and help you work out what to do
- the police if you are in immediate danger, call the police
- the eSafety team you can report serious cyberbullying (see the steps below).

Reporting cyberbullying



An adult can help you take screenshots or keep a record of the cyberbullying. See eSafety's videos on how to take screen shots.

2. Report and block

Most social media services, games and apps have a way to report and block someone. The eSafety Guide shows you how.

3. Get help from eSafety

eSafety can help to remove serious cyberbullying content and get you support. Go to eSafety kids to learn more about how eSafety can help.

Important links

Bullying. No Way! bullyingnoway.gov.au **eSafety kids** esafety.gov.au/kids

eSafety Guide esafety.gov.au/esafety-guide eSafety Report esafety.gov.au/report Kids Helpline kidshelpline.com.au











Parent and carer webinars

Safer online gaming

Help your kids stay safe by learning about the benefits and risks of online gaming.

eSafety's expert education and training team is running FREE live webinars in June 2022 exploring safe online gaming. Parents and carers of young people aged 8 to 13 years are invited to join.

Dates: (AEDT)

Thursday 9 June: 12.30 - 1.30 pm Friday 17 June: 12.30 - 1.30 pm

Tuesday 21 June: 7.30 - 8.30 pm

Register now: esafety.gov.au/parents/webinars







esafety.gov.au

Nutrition Snippet

EAT MORE FRUIT & VEG.



3 easy ways to get your family eating more fruit and veg

- 1) Start with breakfast and spread fruit and veg throughout the day
- 2) Make snacks based on fruit and veg
- 3) Pack fruit and veg in the lunch box

Check out our blog for more tips at healthylunchbox.com.au/blog/add ing-fruit-and-vegetables/





Nutrition Snippet

EAT TO THE SEASON.



Eating seasonal fruit and veg means:

- ✓ It's cheaper
- ✓ It's fresher and more nutritious
- ✓ It's better for the environment

For tasty winter recipes read our blog:

healthylunchbox.com.au/blog/whats-inseason-for-winter/

Cancer Council
Healthy Lunch Box

Nutrition Snippet

ZUCCHINI & CORN FRITTERS



Ingredients

2 zucchinis, grated & liquid squeezed out

1 cup frozen or canned corn kernels

1 cup red capsicum, finely diced 4 eggs

½ cup grated Parmesan cheese ½ cup chopped, fresh dill 6 tbsp wholemeal plain flour Olive oil spray

Method

Place the zucchini, corn, capsicum, eggs, Parmesan, dill and flour in a how! Mix well

Spray a large fry pan with olive oil and heat over a medium heat. Working in batches, fill an ice-cream scoop (or large spoon) with the mixture and drop onto the pan. Flatten the fritters out slightly with a fork.

Cook for approximately 4 minutes or until brown, flip and continue to cook until that side is brown and cooked through.

Makes 8.

healthylunchbox.com.au





HUNTER KIDS

Vacation Care Northlakes

Hat, Lunch box with snacks, drink bottle, closed in shoes are required every day.

Service cost: \$60 (Child Care Subsidy will apply to all fees)
Excursions and Incursions \$75/85 includes transport and entry fees.
Note: This is just a general guide.

Activities are subject to change depending on numbers, weather, educator ratio, etc.

Activity/Location	Activity Description	Cost
Monday 4 th July 2022 (In Service Day at Northlakes Public School)	Bike and Scooter Day Bring your helmet and your wheels for a fun filled day of riding. Helmets are compulsory and in closed shoes.	\$60
Tuesday 5 th July 2022 (Incursion at Northlakes Public School)	Children participate in team and individual challenges trying to earn points for their designated countries! Children will participate in Street Hockey, Vortex Gridiron, Super Soccer, Ultimate League, Ballers, Big Dog Cricket, Ruckus AFL, 4-BALL Soccer, Bazooka Ball, 8-Down, Sector-8 & Flag ball. (Fee for incursion included)	\$80
Wednesday 6 th July 2022 (In Service Day at Northlakes Public School)	Art Attack Come and join us for a day full of art. Each child will get a canvas to paint and take home. Come and experiment with different forms of painting.	\$75
Thursday 7 th July 2022 (Excursion to Hunter Valley Gardens)	Hunter Valley Gardens Snow Time Snow Time in the Gardens! Make sure you bring warm clothes because today we are traveling to Hunter Valley Gardens to bulid snow mans and make snow angels. (Transport and entry fee included. Please pack gloves)	
Friday 8 th July 2022 (In Service Day at Northlakes Public School)	Little Green Thumbs Today we will be starting our very own worm farm. We will learn about how to use and maintain our new worm farms. We will also be creating bird seed holders to put in our garden area.	\$75

Monday 11 th July 2022 (In Service Day at Northlakes Public School)	Oh the places you'll go! Come dressed as your favourite Dr Seuss character and join us for a relaxing day watching your favourite Dr Seuss movies and creating your best Cat in the Hat hat.	\$60
Tuesday 12 th July 2022 (In Service Day at Northlakes Public School)	Join us for a Mexican celebration. Who will break the pinata first? Do you know the macarena? Oh and of course there will be Tacos for lunch!	\$75
Wednesday 13 th July 2022 (In Service Day at Northlakes Public School)	Pour & Play Potion Day Bubble bubble toil and trouble. Join us for a day of experimenting and discovering, as we take you on a scientific adventure.	\$75
Thursday 14 th July 2022 (Incursion at Northlakes Public School)	Bricks 4 Kids Workshop Join us on a movie mash-up adventure! This workshop is filled with a variety of awesome model builds from your favourite movies. LEGO® enthusiasts will build too infinity and beyond with Buzz, Woody and Jessie. Then prepare to enter the incredible world of The Incredibles! (Fee for incursion included)	\$75
Friday 15 th July 2022 (In Service Day at Northlakes Public School)	Glow in the dark Decorate your own cupcakes. Get your face painted. We will also be having a glow in the dark disco. Come dressed in your favourite fluro clothes.	\$75
Monday 18 th July 2022 (In Service Day at Northlakes Public School)	Educators vs Children Educators vs Children, who is going to win? Dress up as your favourite superhero! The children will challenge our educators in a variety of games, whether it be on the field, in a dance battle or trivia.	\$60

CONTACT OUR PROGRAM DIRECTOR ELAINE at hunter20kids@gmail.com OR 0410647153

Hunter Kids must have an enrolment form on file for each child to attend.

Includes breakfast, lunch, and afternoon tea.

Hours of operation 6:30am-6.00pm

Excursion days there will be strict drop off times These will be made available.